



Derry Parks & Recreation Department



2007-2008 Derry Judo Club - Judo Jrs. Beginners Class - Ages 5-9 yrs.

The town of Derry Parks & Recreation will be sponsoring a Judo class held at Veteran's Memorial Hall with instructor, Roger Lenfest, a 3rd degree black belt and nationally certified coach. Mr. Lenfest is assisted by the founder of the Derry Judo Club, Chris Veziris, a 6th degree black belt and nationally certified coach, along with several other nationally ranked black belts. The Derry Judo Club teaches the art of Judo in a safe manner. Students who join are first taught conditioning exercises, then how to roll and fall. From there, in a structured and supervised setting, students learn throws and ground techniques, counters to throws and ground techniques, and depending on age and rank, students are also taught strangles and arm-bars. The United States Judo Association (USJA) nationally sanctions all ranks given. All students who join the Derry Judo Club must also be a member of the USJA (see attached form).

Classes are held on Wednesdays – 5:30 - 6:30 p.m.
Veteran's Hall – 31 West Broadway

The 2007-2008 Session Schedule is as follows:

Fall I: Sept. 12 th – Oct. 17 th	Fall II: Oct. 24 th – Nov. 28 th
Winter I: Dec. 5 th – Jan. 9 th	Winter II: Jan. 16 th – Feb. 20 th
Spring I: Feb. 27 th – Apr. 2 nd	Spring II: Apr. 9 th – May 14 th
Summer I: May 21 st – June 25 th	Summer II: July 2 nd – July 30 th

There will be NO Judo on the following dates:

- | | |
|-----------------|-----------------|
| • September 3rd | • November 21st |
| • December 24th | • December 31st |
| • May 26th | |

Derry Judo Club fees are as follows for each 6 week session:

Ages 5-9 yrs.: \$26.00

There are family discounts for 3 or more

Students must also join the USJA by signing a waiver and paying an annual fee of \$40.00. This fee must be paid separately with a check made payable to: USJA.



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Participant's Name:

Address:

Town: State: Zip Code:

Home Phone: Cell Phone:

E-mail:

Birth Date: Age: Gender:

Grade: Experience:

Please check off the session you are currently registering for:

<input type="checkbox"/> Fall Session I (Sept. 12th-Oct. 17th)	<input type="checkbox"/> Fall Session II (Oct. 24th-Nov. 28th)
<input type="checkbox"/> Winter Session I (Dec. 5th-Jan.9th)	<input type="checkbox"/> Winter Session II (Jan. 16th-Feb 20th)
<input type="checkbox"/> Spring Session I (Feb. 27th-Apr. 2nd)	<input type="checkbox"/> Spring Session II (Apr. 9th -May 14th)
<input type="checkbox"/> Summer Session I (May 21st-June 25th)	<input type="checkbox"/> Summer Session II (July 2nd—July 30th)

WAIVER

Participation in this sport/activity may involve risk of injury. As a parent/guardian/participant I am aware of these hazards and of the ability to participate. In consideration for participation in this program, I hereby for myself, my heirs, executors, and administrators waive and release all rights and claims against the Town of Derry, Derry School District, its officers, employees, agents, volunteers, supervisors from all losses, injury, damages, fees, and other expenses, arising out of or in connection with participation in the activity/sport. The above named cannot be responsible for any aggravation or injury caused as a result of pre-existing physical disabilities; including, but not limited to, allergies. The Parks & Recreation Department will be notified of any such special needs or sensitivities in writing prior to enrollment in this program. I understand the cancellation/refund policy of the Parks & Recreation Department. The Department encourages you to carefully consider your schedule prior to registration. No fee will be refunded after the program has begun. This policy is strictly enforced thereafter.

Participant/Parent/Guardian Signature

Date